

THE MODEL BAG ESSENTIALS

BY JENNIFER MICHELLE



The items listed below (in no order of importance) were the foundation and key to my success in the fashion industry. Use this checklist to make sure you are prepared for every event you book.

- Shoes.** Always pack black and nude/tan shoes. Stilettos and pumps are the standards for women. Hard bottoms are standard for men. You can use your show shoes for your appearance after the event. Keep your feet happy and always wear your most comfortable pair of shoes to your event. You need a pair easy to get on and off.
- Nail polish and remover.** Always pack a natural/neutral color Never show up to set with nails other than those approved during your fitting.
- Undergarments.** Pack a couple of black and nude undergarments. Always make sure to wear undergarments that will not show through your outfit, create panty lines or extra boobies. Men pack briefs or boxers.
- Robe.** Last minute fittings, designer touch ups, and makeup prep may have you standing around in your undergarments. If you are uncomfortable being exposed bring a robe to wear while you wait.
- Feminine Products.** Pack a couple extra of everything, including underwear.
- Razor.** Pack your razor and shaving cream to take care of those areas that will be exposed.
- Makeup.** Always pack your brushes, foundation, lashes and any other products you may need. Do NOT change your makeup without approval.
- Baby Oil Gel.** Gels are lighter than lotions, won't stain clothes or leave a smell. Unscented everything.
- Shields.** Shields for underarm sweating and panty shields.
- Hair products.** Bobby pins, comb, brush, flat irons, curling irons, ponytail holders, hair spray, gels.
- Accessories.** Belts, bracelets, earrings, hats, necklaces, hand bags, shades
- Deodorant.** Clean, fresh bodies equal clean, fresh models and clothes. Pack your invisible deodorant.
- Snacks.** Pack snacks that will not cause you to bloat or get sleepy. I recommend fruit, granola, water and other healthy options to keep your energy up. Don't rely on others for your snacks/food.
- Phone Charger.** This is a hurry up and wait type of business. You will have plenty of time to post on social media. Always pack a charger and keep it close.
- Jacket, blanket and socks.** It gets cold. Be prepared so you won't get sick or have to complain.